

UCLA OUTDOOR LEADERSHIP TRAINING

Do you love the time you spend in the outdoors? Do you thrill in the challenge of trekking through the mountains or paddling through deserted canyons? Do you enjoy being a leader? Do you want to improve your leadership skills? If so, you may be interested in the* UCLA Recreation Outdoor Leadership Training Program.*

We are looking for a few special people who have a desire to learn more about the outdoor recreation experience, and who would enjoy sharing their love of the outdoors with others. If this is you, we invite you to apply for the O.L.T. Program.

*What is the Outdoor Leadership Training Program? *

The Outdoor Leadership Training Program is designed to provide the knowledge and necessary skills for individuals who are interested in volunteering and working as trip instructors or guides with the UCLA Recreation Outdoor Adventures Program. Program participants and guides are exposed to many aspects of outdoor and personal leadership opportunities including:

- Group Management
- Outdoor Living
- Self Leadership
- Wilderness Medicine
- Trip/Course Planning
- Safety, Injury and Rescue Practices Group Management
- Teaching Philosophy and Techniques
- Wilderness Medicine
- Skill Acquisition in Outdoor Activities: Backpacking, Hiking, Kayaking, Canoeing, Rock Climbing

Program Goal

The goal of the O.L.T. program is to develop knowledgeable, highly skilled and trained volunteers to participate as instructors and guides with the Outdoor Adventures Program. Our overall mission is to provide the UCLA community an avenue to foster an appreciation for the outdoors, while emphasizing safety, environmental awareness, minimum impact, personal exploration, group bonding, experiential education, positive interaction, and good times. Additionally, we are committed to providing quality leadership and teaching development opportunities for students and others within the UCLA Campus Community.

Important Dates:

- Info-session about the OLT Program: Monday, April 22, 2013
- Application Deadline: April 29, 2013, 8 PM
- Group Interview Dates (you must attend one): May 5th (Sunday), May 11th (Saturday), 9AM to 5 PM at the Challenge Course

If you have any other questions, please feel free to contact us:

Phone: (310) 206 - 1252

Email: oa@recreation.ucla.edu <mailto:oa@recreation.ucla.edu>

Link for the application and more information about the program:

<http://www.recreation.ucla.edu/insidepage.aspx?uid=6f1a26fc-e5da-48a2-aa64-426dfd4ddc3>